



THE AIR DOWN HERE

9,3KM

apollo sports

LANZAROTE

We start with the first 4km flat on concrete to the lighthouse before a gradual climb on a wonderful groomed trail up to the rim crater of the Montana Roja (Red Mountain) where you are to run around the outside of the famous volcano crater.

Please be advised that if you are afraid of heights then choose the trail which goes through the crater center. On the way down be a little careful as it is loose gravel. Bring a camera as there are amazing views.



DISTANCE: 9,3 km

TOTAL CLIMB: 283 m

HIGHEST POINT: 164 m

