

# 'SPORTS TOURS HELLAS' Cycling & Trekking Tours for the 2015 season

## 1. Cycling Thematic Tour 2015

(Weekly duration including 5 day- activities)

### 1<sup>st</sup> Day: BIKE & BEACH



The tour involves an easy access to the Southern village of Palaiochora. Palaiochora is a picturesque coastal village in Europe, with fantastic beaches for every taste!

Activity duration: 1,5-2 hours  
Total duration: 7-8 hours

Difficulty range: 1-2-3-4-5

### 2<sup>nd</sup> Day: BIKE & WINERY TASTES



An easy course of riding, 1.30 hours long and you get to the famous wine factory of Mr. Manousakis, in the village of Vatolakkos. It is a great opportunity to combine sports in the country with local wine tastes.

Activity duration: 1,5-2 hours

Difficulty range: 1-2-3-4-5

Total duration: 4 hours

**3<sup>rd</sup> Day: BIKE & ALL ABOUT OLIVES THEMATIC VISIT**



An impressive guide tour in a traditional olive factory “Biolea” in combination with a visit to the oldest olive tree in the world in ‘Vouves’ village!  
This is where the wreath for the Olympic games winners was taken from!

**Activity duration: 1,5-2 hours**  
**Total duration: 5 hours**

**Difficulty range: 1-2-3-4-5**

**4<sup>th</sup> Day: BIKE & VISIT BOTANICAL PARK**



We start our visit from the wonderful Botanical Park near the village ‘Skordalou’. It’s a unique opportunity to know the flora of the island as well as plants and fruits from 5 different continents. The visit is 1.30 hour long.  
Later, through an easy road along olive and orange trees you will ride for 1.30-2 hours before you reach your hotel.

**Activity duration: 2,5-3 hours**  
**Total duration: 5 hours**

**Difficulty range: 1-2-3-4-5**

**5<sup>th</sup> Day: ANCIENT APTERA & BIKE TO THE SEA!!**



We will get you from your hotel and give you a lift to the ancient 'Aptera' village. You will get familiarized with the east Chania prefecture.  
After riding for about 2 hours, you will enjoy a delicious fish meal in the beautiful fishing village of 'Almyrida'.

**Activity duration: 2 hours**  
**Total activity: 5-6 hours**

**Difficulty range: 1-2-3-4-5**

**LIMITED NUMBER OF PARTICIPANTS: 4**



**PACKAGE PRICE:**

**Group 4-7 participants:**

**Group 8-12 participants:**

**Group 13-20 participants:**

**The Price includes:**

A guide, 2 meals, 2 traditional snacks including refreshments, the bike and the equipment (helmet, bottle), the entry fees to the Winery & Botanical Park.

There is the possibility for a single participation. The cost ranges from 45-85€ per person.

All requests concerning the groups must be made at least 2 months prior your arrival. The daily requests are accepted until 2 days before the activity.

## 2. Trekking Thematic Tours crossing famous gorges 2015

(Weekly duration including 3 day- activities)

Monday: AVLAKI GORGE & Wine Taste

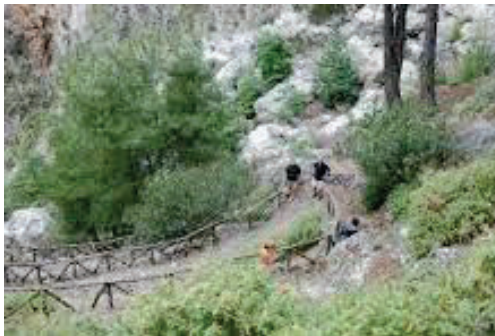


'Avlaki' gorge is located near the monastery of 'Gouverneto', 16km east of Chania. After 10min walking, you reach the cave of 'Arkoudiotissa' and 20' later, you will reach the wonderful beach of 'Avlaki' with green-blue waters! In the monastery of 'Agia Triada' you can taste wine and olive oil, a natural production by the monks of the monastery.

Duration of activity: 1,5 hours  
Total Duration: 4-5 hours

Difficulty range: 1-2-3-4-5

Wednesday: IMBROS or AG. EIRINIS GORGE



There are several gorges to cross in the prefecture of Chania. One of them 'Ag. Eirinis', is a green and beautiful gorge starting from the village Ag. Eirini and after 10kms, you get to the village of 'Sougia'.

Duration of activity: 2,30-4 hours  
Total Duration: 8-9 hours

Difficulty range: 1-2-3-4-5

Friday: SAMARIA GORGE





Samaria Gorge is the most famous gorge in Greece and Europe, located in the province of 'Sfakia'. The scenery is beautiful and gives you the chance to enjoy the flora and fauna of the island. If you are lucky, you may come face to face with the wild goat "kri-kri", an endangered species. Push your limits and face the challenge. The gorge is 18 km long.

**Duration of Activity:** 4.30- 6 hours

**Difficulty range:** 1-2-3-4-5

**Total duration:** 12-14 hours

**LIMITED NUMBER OF PARTICIPANTS: 4**



**PACKAGE PRICE:**

**Group 4-7 participants:** [REDACTED]

**Group 8-12 participants:** [REDACTED]

**Group 13-20 participants:** [REDACTED]

**The Price includes:**

A guide, 2 traditional meals, the entry fees to the gorges, 1 snack, ship ticket

There is the possibility for a single participation. The cost ranges from 45-85€ per person.

All requests concerning the groups must be made at least 2 months prior your arrival. The daily requests are accepted until 2 days before the activity.