

GYM, FITNESS & SPORTS BOOKING

GYM - Opening hours 07:00 - 22:00	free
SPORTS BOOKING/SHOP - Opening hours Monday 09:00 - 18.00 Tuesday - Sunday 08:00 - 17:00 Siesta closed between 12.00 - 13.00 every day.	
Group sessions, Fitness classes See sports & activity program	free
Personal Training (on request)	€ 50/h

TENNIS / PADEL

Tennis and Padel - Social and tuition (1 h / day)	free
Rent of Padel court + rackets	€ 20 / h (4 pers)
Rent of Tennis court + rackets	Free
Private Tennis coach	€ 35/ h
Private Padel coach (1 or 2 pers)	€ 25/50 h

Tennis and Padel, pre book in Sports booking. Rackets and balls included in rental. Courts must be pre booked.

BIKE RENTAL MTB, Gravel

MTB / Gravel rides - (social ride, see sports program)	free
Gravel Bike 1 day (subject to availability)	€ 30
Gravel Bike 6 days (subject to availability)	€ 120

Pedals (SPD and flats) and helmet included in rent. Bring your own shoes and water bottle.

WATERSPORTS

Stand up Paddle board and Kayak rental (subject to availability and weather)	free
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Pre book in sports booking

WOD BOX (X-FIT INCL. MATERIAL)

Training in box on scheduled hours	free
Private use and material for one hour (subject to availability)	€ 40/h

Pre book in sports booking

SPINNING AREA

Indoor cycling / Spinning (scheduled hours on sports program)	free
One hour private use with music and 15 bikes (on request, subject to availability)	€ 25

Pre book in sports booking